**Station Rotations**

**Equipment**: Depends on which of the below stations are chosen.

**Setup**: Divide the gym up into 4-6 sections. Choose from the equipment below to create 4-6 stations.

Divide students into equal groups and send each group to a different station. If partners are required at any of the stations, groups should be formed with even numbers of students even if some groups have more or less than others.

**Description**: Establish a clearly understood rotation so that all students get to every station. Students can spend 3-4 minutes at each station. If going around twice, perhaps spend 2-3 minutes at each station.

**Station Rotation Ideas:**

Hula Hoops

Jump ropes

Ice Cream Cones

Tennis Balls

Chinese Jump Rope

Bean Bags w/ paddles

Basketballs

Playground Balls

Noodles

Koosh Balls

Twirl n’ Jumps

Small Parachutes

Duck Walkers

Scarves

Dek Rings (small and large)

Yarn Balls

Scoops and yarn balls

Balance Boards

Hurdles

Dumbbells

Egg and Spoons

Hippity Hops

Pogo Balls (Saturn)

Beach Balls

Scooters

Horse Shoes

Bowling

Red Building Cups

Pillo Polo Sticks