**Do What I Do! - Don’t Do What I Do!** K-6

**Objective:** To successfully follow along with the teacher

**Equipment:** None needed

**Setup:** Students stand in a circle so they can see the teacher and each other.

**Description - Do What I Do!**

Note: This is better played without music so students can hear better. However, if you do play music, nice calm selections work best.

* The teacher will put both hands on one of three places…either her head, shoulders or waist. The teacher does not speak and gives the students a couple of seconds to follow along.
* This continues for as long as the teacher chooses, but should go a little faster once students get the hang of it.
* When finished, immediately go to “Don’t Do What I Do!”

**Description - Don’t Do What I Do!**

* The teacher will put her hands on one of three places…either her head, shoulders or waist. The teacher does not speak and gives the students a couple of seconds to follow along.
* However, this time students must put their hands on one of the two places the teacher has not chosen. For example: If the teacher puts her hands on her shoulders, students may put their hands on either their head or waist.
* This continues for as long as the teacher chooses, but should go a little faster once students get the hang of it.

**This activity is:**

* good to use when students need to refocus.
* one that can be played before students’ lineup to leave the gym. It helps them quiet down so they are ready to go back to their classroom.
* good to use if you lose your gym space and have to use a classroom or a much smaller space.